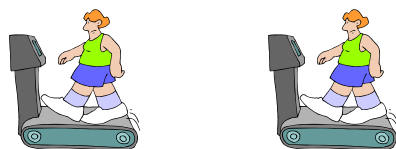


RAINBOW MESSENGER
NOVEMBER, 2004



WALKING is held weekdays in the climate controlled Community Room. Come out and walk inside Monday thru Friday starting at 8:00 a.m. unless otherwise noted. If you walk 25 laps in the Community Room, you've walked one mile. The Community Room will be busy the following dates: Tuesday, November 2nd, Friday, November 12th, Wednesday, November 17th and Thursday, November 18th so you will not be able to walk. Also the Older Americans will be closed: Thursday, November 11th (Veterans Day), Thursday, November 25th (Thanksgiving Day) and Friday, November 26th.



FITNESS ROOM is open from 8:00 a.m. to 3:45 p.m. Monday thru Friday in the lower level of the Arnold F. Habig Community Center. We ask you to please sign in and out at the receptionist desk whenever you use the fitness room.



BILLIARDS/POOL: You can enjoy playing pool Monday, Tuesday, Thursday and Friday from 8:00 a.m. to 3:45. We request you not **start your games on Wednesdays until 1:00 p.m.** Thanks for your cooperation.



EXERCISE CLASS: Mondays and Thursdays our Exercise Class meets at 9:00 a.m. Our exercises are designed to keep your joints limber. We finish with the "Chicken Dance" and the "Hokey Pokey". Come join us sometime!!



FREE COMPUTER ASSISTANCE: Volunteers will be in the Center's Computer Lab on Wednesdays from 9:00 a.m. to 10:30 a.m. They are here to answer questions and sharpen your computer skills. This will be on a first come first served basis. Would you like to do more on your computer than play games?

Would you like to learn?

- To "Highlight"
- To Create Folders
- To "Copy" and "Paste"
- To "Drag"
- To "Save As"
- To "Save a Photo"
- To Send a Photo by E-Mail
- To Access your E-Mail from any computer
- To use the Google Search Engine on the Internet
- Or anything else you might want to know

RAINBOW MESSENGER
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GAMES: The Center has several different games for you and your friends to play. The games and cards are in our card/TV room. We also have games on our computers in the lab if you want to play them. Remember, Wednesday mornings are set aside for free computer assistance. The lower level has a regular size pool table, bumper pool table, ping-pong table and a shuffleboard court. These are available anytime except on Wednesday – please wait until 1:00 p.m. to start with these games. Thanks for your cooperation.

SUNDAYS AT THE CENTER: Would you like the Center open on Sunday afternoons? If so, it is up to you to volunteer to open. Please call the Center at: 482-4455 a week in advance to volunteer so I can get it in the paper.



CRAFTY LADIES SOCIETY: Come and “Paint It” or “Craft It” and have fun with us. Learn new techniques every Tuesday from 9 a.m. – 12 p.m. Free use of supplies and all other items at cost. **Schedule for November:**

November 2nd - VOTE!!

Clean Greenware

Glaze Turkey Plates

November 9th – Santa Socks – Santa Boots

November 16th - Snowmen

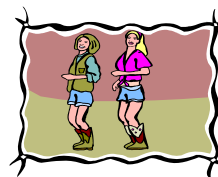
November 23rd - Nativity Scenes

Thanksgiving Party

November 30th -Christmas Tree w/Lights



SINGING SENIORS: If you like to sing, come joins us!! We get together Fridays at 10:00 a.m. to go thru our program for the month and sing a few different songs. We will be singing at the Center on Friday, November 5th and 19th plus getting ready to go caroling in December. Come out and join us the Fridays you can. Check with us about Friday, November 12th to see what we are doing.



LINE DANCING CLASSES: Come join the fun at the Arnold F. Habig Community Center on Wednesday evenings. Line Dancing Classes instructed by LaVerne Lechner, run from 6:00 – 7:30 p.m. every Wednesday evening (**except November 17th**) for Dubois County Senior Citizens 55 years and older. They are designed for beginners. All persons attending should wear tennis shoes. Class sessions will cost \$3.00 per dancer, payable each session. For more information call 482-4455. Hope to see you there!!



CARD TOURNEYS: Rum Tourney – Thursday, November 4th and Cinch Tourney – Thursday, November 18th. Please sign-up by 10:00 a.m. the morning of the tourney. Each will consist of six (6) games. All tourneys start at 12:00 noon. Prizes are awarded. Entry fee is \$1.00 each. Hope you will come in and join us.

BINGO: Bring your pennies for Bingo on Tuesday, November 9th and 23rd. Games start at 12:00 noon. Regular games are \$.02 a card and our coverall is \$.03 a card. Someone will be in the Banquet/Community Room starting at 11:30 a.m. to count the number of cards. Please be sure to let them know how many you will be playing.



MOVIES & POPCORN: Join us Monday, November 8th at 1:00 p.m. for Movie & Popcorn. We will be watching the comedy “LADY KILLERS” with Tom Hanks. Hope you can join us!!

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LUNCH OUT is scheduled for Los Bravos Restaurant in Jasper on **Tuesday, November 30th** at **11:00 a.m.** This will be dutch treat as usual. Please call reservations into the Center at: 482-4455 by **11:00 a.m. on Wednesday, November 24th**. Hope to see you there.

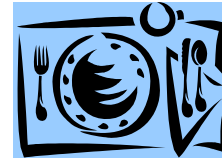


QUILTING BEE'S: We will hold the November quilting bees on **Monday, November 8th** and **November 22nd**. Our quilting bees run from 9:00 a.m. to 3:00 p.m. All quilters are invited. The Center will provide lunch for all quilters. Hope you can attend.



BLOOD PRESSURE CHECKS will be held on **Tuesday, November 9th** from 11:30 a.m. to 12:00 noon.

TRIP: A trip to **Casino Aztar** is planned for **Monday, November 29th**. We will leave the Armory at 10:30 a.m. Pick-ups can be made in Huntingburg upon request. Get your \$5.00 tokens and free buffet lunch or \$6.00 off your meal at certain other Casino Aztar Restaurants. NOTICE: The buffet is open from 11:00 a.m. till 2:30 p.m. (12:00-3:30 our time). We must stay for 5 hours on the Casino Aztar property to get this deal. Therefore, we will return to Jasper around 6:00 p.m. Cost of the transportation is \$10.00. Sign-ups start at **1:00 p.m. on Wednesday, November 3rd**. Please bring correct change and at least (1) phone number per group. Someone will be in the Community Room at 12:30 p.m. to start giving out ticket in order to sign up. Three (3) charter coaches are reserved for this trip. **HOPE YOU LIKE THE CHANGE IN LEAVING AND RETURNING TIMES FOR THIS TRIP.**



CATERED MEAL Our monthly catered meal will be held on **Tuesday, November 16th at 11:30 a.m.** This month Sanders will be catering a delicious meal. The menu is: Boneless Chicken Breast, Potato Casserole, Green Beans, Glazed Carrots, 7-Layer Salad, Fried Biscuits & Apple Butter, Decaf Coffee or Iced Tea. Cost of the meal is \$6.00. Reservations are due to the Center by **3:00 p.m. on Thursday, November 4th**. Reservations can be made by calling the Center at: 482-4455. We will collect the \$6.00 on the 16th, please have the correct change. Thanks we really appreciate it. .

FUTURE ACTIVITIES:



OLDER AMERICANS

CHRISTMAS PARTY:

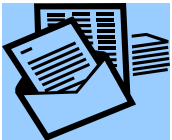
Mark your calendars for
TUESDAY, DECEMBER 7TH

for the Center's Christmas Party!! We will start off with a catered meal by the Black Buggy Catering. The menu is: Fried Chicken or Turkey, Mashed Potatoes & Gravy, Garden Medley and Carrots, Garden Salad, White Homemade Bread, Fruit Cobbler, Coffee and Iced Tea. The meal starts at 12:00 followed by GB THE PRAIRIE CROONER. You will have the unique experience of having Frank Sinatra sing to you, if you just close your eyes! He will be performing songs of the 40' and 50's. Door prizes will be given out. Cost of our Christmas Party is \$10.00 a person for: Meal, door prizes and fantastic entertainment especially for you. Be sure to get your reservations in for our Christmas Party by **3:00 p.m. Tuesday, November 22nd**. Due to the large crowd we expect, we need you to pay when making your reservations. We will take the first 170 people to sign-up.

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DERBY DINNER PLAYHOUSE TRIP is scheduled for **THURSDAY, DECEMBER 9TH** Matinee performance to see “A HOLIDAY TO REMEMBER”. Derby Dinner calls this play “a perfect treat for the entire family to celebrate the Holiday Season.” This performance includes the meal. We will leave the Armory at 9:45 a.m. for Derby Dinner Playhouse. Pick-ups can be made in Huntingburg and Ferdinand upon request when you sign-up. We should return to Jasper around 5:45 p.m. Cost of the trip is \$42.00 a person. Sign-ups start at **7:30 a.m. by phone only on Tuesday, November 9th. Money is due by 3:00 p.m. on Tuesday, November 16th.** I must have the reservations and money in this early as I have to confirm seats the week of the 16th. Thanks for your cooperation.



2005 NEWSLETTER: It is time to sign-up for the 2005 Rainbow Messenger Newsletter. Send us a check for \$5.50 so you will get the newsletter mailed to you each month. Make sure we have your correct name and address. Make checks payable to: Older Americans, 1301 St. Charles Street, Jasper, IN 47546. You can still pick-up the Newsletters at the Center, Huntingburg and Ferdinand Center's if you prefer.

CLOSINGS: The Older Americans will be closed on: **Veterans Day – Thursday, November 11th.** Also, **Thanksgiving – Thursday, November 25th** and **Friday, November 26th.**



HAPPY NOVEMBER BIRTHDAYS!

7 th	Bettye Meyer
9 th	Lena Seitz
10 th	Claire Rohleder
10 th	Ollie Fleck
11 th	Pete Messmer
15 th	Laverne Hanebutt
19 th	Bea Eckert
20 th	Esther Brenner
20 th	Olive Buchta
21 st	Agnes Schaefer - Providence Home
25 th	Cletus Boehm
26 th	Don Wineinger
27 th	Florence Schnell – Good Samaritan

HAPPY NOVEMBER ANNIVERSARIES!



18th – Mr. & Mrs. Norbert Mehringer
21st – Mr. & Mrs. Edwin Buchta
27th – Mr. & Mrs. Bob Stemle
29th – Mr. & Mrs. Bob Bohnert

AARP NEWS: The Dubois County Chapter will meet on **Wednesday, November 10th at 1:30 p.m.** at the Arnold F. Habig Community Center at 1:30 p.m. There will be a Memorial Service for members, followed by Bingo, if time allows.

The Board Meeting will be at 12:30 p.m.